
CRISTIANA MANARA BIO



Cristiana Manara
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Cristiana Manara has been working for more than 25 years in Human Capital & Organizational Effectiveness Consultancy, with deep knowledge of organizations and people, working with industries such as financial institutions, insurance, pharma, fashion, fast-moving consumer goods, energy, industrial/engineering, ICT.

She has worked for 14 years at The European House Ambrosetti SPA - as a Partner and Head of Change Management and Assessment & Development Practices, managing a large team, dealing with client acquisition and leading complex projects about change management, talent assessment & development, leadership training, executive & team coaching.

Cristiana Manara founded in 2018 her own company CM-CONSULTING (cm-consulting.eu), working in People & Organizational Development as a Business Consultant, Senior Facilitator, Trainer and Individual & Team Coach.

She often delivers strategic alignment and Team Coaching for Leadership Teams and Executive Committees.

She works in EMEA, designing & delivering projects mainly in English, Italian & French.

With CM-CONSULTING, Cristiana is involving a trusted partner network to cover a global presence.

Cristiana has been from 2018 to 2022 a Senior Leadership Solutions Associate for Center for Creative Leadership (CCL.org/EMEA) ranked by Financial Times among the top 5 Executive Education Providers.

Cristiana has a Degree in Foreign Languages (she is Italian mother tongue and fluent in English & French, with good knowledge of Spanish) and a Master in Counselling and she is a Certified Master Trainer in Systemic Neurolinguistic Programming and a qualified Executive Coach, PCC ICF (International Coaching Federation) Certified.

She is trained at The Neuroscience Academy and at Yale Center for Emotional Intelligence.

She is also certified in many diagnostic tools and personality questionnaires such as HOGAN, CCL 360 feedback, FIRO & FIRO B, Workplace Big Five, SHL OPQ Personality Questionnaire, Influence Style Indicators and others.

